

Guide to Using People Science Relationship Makers

People Science exercises are applicable to a wide variety of situations. They can be used in large groups, in small groups, in a few minutes, or over the course of weeks. However, the end goal is the same: to build relationships. People Science exercises are specifically designed to build and strengthen **relationships** in a given group of people. To maximize the effect of these exercises, please follow the following guidelines:

1. Focus on relationships

Relationships are the backbone of all People Science activities, and are best built when we are actively focusing our energy on using these exercises toward that purpose. Do not gloss over the relationship building aspect of these exercises – that is where our impact truly lies.

2. Combine and iterate

These exercises can be used as stand alone activities, but feel free to combine two complementary exercises if you have the time available! Many of these exercises can be very successful used together or in the course of the same gathering.

3. Help us improve

As you begin to use these exercises, please help to improve the quality of these. Comment, rate, send feedback, provide ideas, or alternative options. Share with others what worked and what didn't work . Please send all ideas/options/edits to info@peoplescience.info

Thank you so much! And Enjoy!

Keep the People Science **Principles** in mind at all times:

- Intentionally connect people to make an impact
- Use data and artificial intelligence to achieve these interconnections
- Change the way we have conversations -intelligently network your knowledge and relationships
- Apply data-based Design Thinking to organizational structure

An open source change platform: intentional relationships can empower re-wired communities to drive exponential impact. Models and implementation design curated by [The Value Web](#) & paid for/sponsored by [Way Better Work](#). Relationship Maker Exercises licensed under a [Creative Commons Attribution-ShareAlike 4.0 International License](#).

Action Needed: Issue, Challenge, Idea, Purpose, Timing



Timing

5 - 15 minutes

Purpose/Objectives - Quick Description

As one big or several little groups, easily discuss what your team feels needs to be acted on to move your project/gathering/organization forward

Process

Either at the front of the room or in small people science groups:

1. By show of hands, ask the group which option they want answers on:
 1. Issue
 2. Challenge
 3. Idea
 4. Purpose
 5. Timing
2. Once selected, have each person write down what their question/discussion point is on a piece of paper that they want acted on.
3. Allow people to call out what it is and have the leader/facilitator or group give an answer
4. Collect all the paper to continuously re-address the actions needed throughout the gathering

Logistics

Flipcharts and markers for small groups to record, or white board at the front of the room if writing down answers is preferred.

Cool Possibilities/Options

- Change up the 4 categories. This exercise can work with almost any categories (these ones just prove successful time and again regardless of the content type)
- Cluster the answers submitted so that the organizer/leader can answer broad categories. Please don't forget that answering specifics can be more powerful!

People Science Data Capture:

Not recommended for capture. Discussion of relevant actions needed in people science groups is one of the most powerful uses

Tags

5 - 15 minutes, action, brainstorm, discussion, front of the room, ideas, identifying the unspoken issues, small groups