Guide to Using People Science Relationship Makers

People Science exercises are applicable to a wide variety of situations. They can be used in large groups, in small groups, in a few minutes, or over the course of weeks. However, the end goal is the same: to build relationships. People Science exercises are specifically designed to build and strengthen **relationships** in a given group of people. To maximize the effect of these exercises, please follow the following guidelines:

1. ## Focus on relationships

   Relationships are the backbone of all People Science activities, and are best built when we are actively focusing our energy on using these exercises toward that purpose. Do not gloss over the relationship building aspect of these exercises – that is where our impact truly lies.

2. ## Combine and iterate

   These exercises can be used as stand alone activities, but feel free to combine two complementary exercises if you have the time available! Many of these exercises can be very successful used together or in the course of the same gathering.

3. ## Help us improve

   As you begin to use these exercises, please help to improve the quality of these. Comment, rate, send feedback, provide ideas, or alternative options. Share with others what worked and what didn't work . Please

send all ideas/options/edits to info@peoplescience.info

Thank you so much! And Enjoy!

Keep the People Science **Principles** in mind at all times:

- Intentionally connect people to make an impact
- Use data and artificial intelligence to achieve these interconnections
- Change the way we have conversations –intelligently network your knowledge and relationships
- Apply data-based Design Thinking to organizational structure

Affinity Frame

Timing

15 - 30 minutes, 5 - 15 minutes

Purpose/Objectives - Quick Description

Take a few minutes to learn about your colleagues by chatting about something a little different from the norm. One of the oldest original serendipity generators!

Process

Ask the Players to get in their People Science teams or form groups of 2 to 4 people and get them to discuss the following for at least 5 minutes:

1. Tell me about an interesting project or activity you are involved in

2. Tell me something I don't know about you
3. What do you think we might have in common?
4. After ~5 minutes bring everyone back together to continue the day

Logistics

- Flip chart and markers - and/or paper

Cool Possibilities/Options

- Debrief the best connections/learnings with the whole group
- Consider some other PS exercises/Relationship Makers to expand the relationships after this exercise

People Science Data Capture:

Capture, capture, capture. Integrate it into your People Science data set so that you can enable the connections beyond just the small groups

Tags

15 - 30 minutes, 5 - 15 minutes, break down barriers, discussion, energizer, exercise, icebreaker, networking, small groups